

# *Traditions at North Willow* **CAREGIVER SUPPORT GROUP**



**MONDAY**

**JUNE 8, 2026**

**3:30PM - 4:30PM**

Traditions at North Willow  
Chapel  
1703 W. 86th Street  
Indianapolis, IN 46260

***You're Not Alone!***

***Join Our Memory Care  
Support Group.  
All Are Welcome!***



**FOR MORE INFORMATION,  
PLEASE CONTACT:**

**NICOLE SCHULTZ**

360 Wellness Therapy

NicoleSchultz@my360wellness.net

**317.876.2916**

***Support, Guidance, and Space to Care  
for Yourself while Caring for Others***

Join us for a supportive and informative gathering led by Nicole Schultz of **360 Wellness Therapy**, focused on empowering those caring for a loved one.

This session will explore the resources and support available to primary caregivers, while also emphasizing the importance of self-care and maintaining your own well-being. You'll have the opportunity to ask questions, share experiences, and connect with others in a compassionate, understanding environment.



**TRADITIONS**

at NORTH WILLOW