

Alzheimer's & Dementia EDUCATION PROGRAM



**WEDNESDAY
MAY 13, 2026
3:30PM**

VENUE:

TRADITIONS AT NORTH WILLOW
Café
1703 W. 86th Street
Indianapolis, IN 46260



Recognize the Signs. Understand the Journey.

Join us for our Alzheimer's & Dementia Education Program, an informative and supportive seminar presented by **360 Wellness**.

This session is designed to help you better understand Alzheimer's and dementia, including the signs and symptoms, what may be part of normal aging versus what could be cause for concern, and what to expect at each stage of the journey. We'll also share practical tips and strategies to help reduce risk and support overall brain health—for you or your loved one.

Brain-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!



**FOR MORE INFORMATION,
PLEASE CONTACT:**

**North Willow Receptionist
(317) 876-2916**