

Congestive Heart Failure EDUCATION PROGRAM



**WEDNESDAY
MARCH 11, 2026
3:30PM**

VENUE:

TRADITIONS AT NORTH WILLOW
Café
1703 W. 86th Street
Indianapolis, IN 46260



TRADITIONS

at NORTH WILLOW



**FOR MORE INFORMATION
PLEASE CONTACT:**

**North Willow Receptionist
(317) 876-2916**

Confidence Starts with Prevention

Join us for our **Congestive Heart Failure (CHF) Education Program**, an informative and supportive seminar presented by **Best Choice Home Care** and focused on understanding CHF and reducing symptoms.

Learn about common symptoms, medications, heart-healthy diet tips, and when to notify nursing staff or health care provider. We'll also discuss daily habits like weight monitoring, low-salt eating, and important warning signs you shouldn't ignore.

Heart-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!