FALL PREVENTION & EDUCATION PROGRAM

WEDNESDAY
NOVEMBER 12, 2025
4:00PM

VENUE:
TRADITIONS AT NORTH WILLOW
Café
1703 W. 86TH Street
Indianapolis, IN 46260

TRADITIONS
at NORTH WILLOW

Best Choice Home Care

360 WELLNESS

GRACE AT HOME

FOR MORE INFORMATION PLEASE CONTACT:

NATE MILLIGAN
Executive Director
(317) 876-2916

Confidence Starts with Prevention

As we head into the colder months, it's important to stay informed about fall prevention to help maintain safety and independence. Join us for an educational seminar presented by Best Choice Home Care, offering practical tips and evidence-based strategies to reduce fall risks during the winter season.

This informative session was developed by licensed physical therapists and registered nurses from Grace at Home, in collaboration with members of the Traditions Suite of Services - 360 Wellness and Best Choice Home Care.

Light refreshments and desserts will be provided. Residents and their loved ones are encouraged to attend!