

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|--|
| Assisted Living  <i>"Be present. Expect joy. Speak kindness. Give thanks."</i> | <h1>December 2022</h1> | | | 10:00 am Brains & Balance 1 10:30 am Split Happens Bowling Team -AR 1pm Euchre Club – LIB 1pm Open Bowling – AR 3pm Team Scrabble - CA 6pm Merry Movie Night! "Four Christmases" | "2 10 am Friday Fitness-AR 10:30 am Split Happens 2:30pm BINGO -AR 3:30pm Music w/ Jerri Williamson-AR 6pm Merry Movie Night! "It's a Wonderful Life" | 3  Holiday Shoppe! – 1 – 3pm -CH Bringing the store to YOU! Come explore many holiday items. |
| National Cookie Day 4 Colts vs Cowboys 8:20 pm  | 5 10 am Strength 10:30 am NW Strikers -AR 11 am Welcome Committee Mtg. - TH 1pm Lady Strikers -AR 2pm Advent Reflection-TH 2:30pm BINGO -AR 3:30pm Christmas Chorus Rehearsal - AR | 6 Feast of St. Nicholas 10 am Chair Yoga 10:30 am NW Strikers -AR 1pm Lady Strikers – AR 11am OUTING -Festival of Trees – IHS 3pm Holiday ornaments-AR 6pm Merry Movie Night! "Christmas Vacation" | 7 Pearl Harbor Remembrance Day 10 am Cardio Circuit -AR 10:30am Future Strikers-AR 11 am - Bible Study -LIB 1 pm Open Bowling-AR 2pm Catholic Mass -CH 2:30pm Watercolors w/Elizabeth-AR 5pm Tableside Magic w/Allyson | 8 National Brownie Day 10:00 am Brains & Balance 10:30 am Split Happens Bowling Team -AR 1pm Euchre Club – LIB 1pm Open Bowling – AR 3pm Violin Duo -AR 6pm Merry Movie Night! "Miracle on 34 th Street" | 9 10 am Friday Fitness-AR 10:30 am Split Happens 2:30pm BINGO-AR 3:30pm Music w/ Greg Anderson-AR 6pm Merry Movie Night! "A Christmas Story" | 10  |
| Happy Birthday, Mary P! 11 | 12 10 am Strength 10:30 am NW Strikers -AR 1pm Lady Strikers -AR 2pm Advent Reflection-TH 2:30pm BINGO -AR | 13 National Hot Cocoa Day 10 am Chair Yoga 10:30 am NW Strikers -AR 11am OUTING: TARGET 1pm Lady Strikers – AR 3:30pm Christmas Chorus Dress Rehearsal-AR 6pm North Willow Christmas Concert Hot Cocoa Bar after! | 14 Happy Birthday, Thelma! Happy Birthday, Emma 10 am Cardio Circuit -AR 10:30am Future Strikers-AR 11 am - Bible Study -LIB 1 pm Open Bowling-AR 1 pm Holiday Card Making 2pm Catholic Mass -CH 3:30pm WINE Down WED w/David Lowe, Pianist | 15 10:00 am Brains & Balance 10:30 am Split Happens Bowling Team -AR 1pm Open Bowling – AR 2pm Cookie decorating w/Accent 6pm Merry Movie Night! "Chronicles of Narnia" | 16 Happy Birthday, Sue! National Ugly Sweater Day 10 am Friday Fitness-AR 10:30 am Split Happens 1pm Balance Screening-FIT 1:30pm Cello Quartet-AR 2:30pm -Make Chocolate-dipped Pretzels-AR 3:30pm Table Games 6pm Merry Movie-The Grinch | 17  |
| 18 1pm Colts vs. Vikings  Hanukkah Begins | 19 10 am Strength 10:30 am NW Strikers -AR 1pm Lady Strikers -AR 2pm Advent Reflection-TH 2:30 pm Bingo – AR 3:30 pm Holiday Sing-a-Long & Hot Chocolate | 20 10 am Chair Yoga 10:30 am NW Strikers -AR 11am OUTING: Garfield's 1pm Lady Strikers – AR 1pm -Story of Hannukah-TH 2pm What Am I? -TH 3pm Christmas Craft -AR 6pm Merry Movie Night! "The Polar Express" | 21 10 am Cardio Circuit -AR 10:30am Future Strikers-AR 11 am - Bible Study -LIB 1 pm Open Bowling-AR 2pm Catholic Mass-CH 4:30pm Music by Tom Wright 5pm Tableside Magic w/Allyson 6pm Merry Movie: "ELF" Winter Begins | 22 10:00 am Brains & Balance 10:30 am Split Happens Bowling Team -AR 1pm Open Bowling – AR 2pm Make A Peppermint Necklace - AR Christmas Carolers 6pm Merry Movie Night! "A Carnegie Hall Christmas" | 23 PAJAMA DAY 10 am Friday Fitness-AR 10:30 am Split Happens 2:30pm BINGO -AR 3:30 pm Christmas Show by Mary-AR 6pm Merry Movie Night! "White Christmas" | 24 Happy Birthday, Judie!  |
| 25  | 26 10:30 am NW Strikers -AR 1pm Lady Strikers -AR  8:15pm Colts vs. Chargers Boxing Day (Canada) Kwanzaa Begins | 27 10 am Chair Yoga 10:30 am NW Strikers -AR 11am OUTING-KROGER 1pm Lady Strikers – AR 2:30pm Bingo - AR 3pm Team Scrabble – CA 6pm Merry Movie Night!! "Grumpy Old Men" | 28 10 am Cardio Circuit -AR 10:30am Future Strikers-AR 11 am - Bible Study -LIB 1 pm Resident Council Mtg. 2pm Catholic Mass -CH 4 pm Monthly Birthday Party - AR | 29 10:00 am Brains & Balance 1pm Open Bowling -AR 2pm Team Jeopardy -AR 3:30pm New neighbor Welcome Party – CA 6pm Merry Movie Night! "Holiday Inn" | 30 10 am Friday Fitness-AR 10:30 am Split Happens 2:30pm PARTY Bingo w/Accent -AR 6pm Movie-Resident Choice | 31 Happy Birthday, Gert!  2pm New Year's Eve Party w/ Neil Ogle New Year's Eve |

AR = Activity Room / CA = Café / LIB = Library / TH = Theater

Traditions at North Willow | 1703 W. 86th Street | Indianapolis IN