

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday


Saturday

# October 2021

“October is a Symphony of Performance and Change”- Bonaro W. Overstreet

9:30am Morning Exercises 1  
 10:00am Think Tank  
 10:30am Parachute Activity  
 11:00am Sing-Along  
 1:00pm Nature Connection:  
 What animal am I?  
**3:00pm Music w/Jeri**  
 6:00pm Bingo and Snack

10:30am Walk to End Alzheimer's at IUPUI Carroll Stadium 2  
  
 6:00pm Patio Games

11:00am AM Exercises 3  
 11:30am Freshen up  
 1:00pm Colts vs Miami CBS  
  
 6:00pm Snack and Social Hour

**National Taco Day** 4  
 9:30am Morning Exercises  
 10:00am Think Tank  
 11:00am Sing-Along  
 2:30pm Walking Club  
 3:00pm Social Hour  
 6:00pm Snacks & Puzzles

9:30am Morning Exercises 5  
 10:00am Think Tank  
 10:30am Balloon Toss  
 11:30am Sing-Along  
**1:30pm Arts & Crafts: Necklaces using fall colors**  
 2:30pm March to Music  
 6:00pm Patio and Snacks

9:30am Morning Exercises 6  
 10:00am Think Tank  
 11:00am Bible Study  
**1:00pm Arts & Crafts: abstract painting**  
**2:00pm Catholic Mass**  
 3:30pm Social Hour  
 6:00pm Snacks and Jeopardy

9:30am Morning Exercises 7  
 10:00 Think Tank  
 11:00am Sing-Along  
**Flu Shot Clinic**  
 2:30 Walking Club  
 3:00pm Snack and Social Hour

9:30am Morning Exercises 8  
 10:00am Think Tank  
 11:00am Sing-Along  
 1:00pm Nature Connection  
 Hang Man: Animal Edition  
**3:00pm Music with Greg**  
 6:00pm Bingo and Snack

10:00am Jazzercise& Trivia 9  
 11:00am Sing-Along  
 11:30am Freshen up  
 1:00pm Beautiful Animals & Nature Scenery  
 2:00pm Patio Games

11:00am AM Exercises 10  
 11:30am Freshen up  
 2:30pm Walking Club and Snacks  
 6:00pm Snack and Social Hour

9:30am Morning Exercises 11  
 10:00am Think Tank  
 11:00am Sing-Along  
**1:30pm Arts & Crafts: Making Halloween mask**  
Columbus Day (US)  
 Grief Awareness Day  
 Thanksgiving (Canada)  
 3:00pm Social Hour


9:30am Morning Exercises 12  
 10:00am Think Tank  
 10:30am Balloon Toss  
 11:30am Sing-Along  
**1:30pm Outing**  
 2:30pm Card Game  
 6:00pm Patio and Snacks

9:30am Morning Exercises 13  
 10:00am Think Tank  
 11:00am Bible Study  
**1:00pm Arts & Crafts: Leaves and Glitter**  
**2:00pm Catholic Mass**  
 3:30pm Social Hour  
 6:00pm Snacks and Jeopardy

**Happy Birthday Sylvia P.** 14  
 9:30am Morning Exercises  
 10:00 Think Tank  
**1:30pm Outing**  
 2:30 Walking Club  
 3:00pm Snack and Social Hour

9:30am Morning Exercises 15  
 10:00am Think Tank  
 10:30am Parachute Activity  
 11:00am Sing-Along  
 1:00pm Nature Connection:  
 Name the Animal  
**3:00pm Apple Cider and Apple Tasting**

10:00am Jazzercise& Trivia 16  
 11:00am Sing-Along  
 11:30am Freshen up  
 1:00pm Beautiful Animals & Nature Scenery  
 2:00pm Patio Games

11:00am AM Exercises 17  
 11:30am Freshen up  
 1:00pm Colts vs Houston CBS  
  
 6:00pm Snack and Social Hour

9:30am Morning Exercises 18  
 10:00am Think Tank  
 11:00am Sing-Along  
**1:30pm Arts & Crafts: Shaving Cream Faces**  
 3:00pm Social Hour  
 6:00pm Snacks & Puzzles


9:30am Morning Exercises 19  
 10:00am Think Tank  
 10:30am Balloon Toss  
 11:30am Sing-Along  
**1:30pm Arts & Crafts: Balloon Painting**  
 2:30pm Outdoor Bowling  
 6:00pm Patio and Snacks

9:30am Morning Exercises 20  
 10:00am Think Tank  
 11:00am Bible Study  
**1:00pm Arts & Crafts: Paint rock with fall colors**  
**2:00pm Catholic Mass**  
 3:30pm Social Hour  
 6:00pm Snacks and Jeopardy

9:30am Morning Exercises 21  
 10:00 Think Tank  
 11:00am Sing-Along  
**1:00pm Arts & Crafts: Making Witches Hats**  
 2:30 Walking Club  
 3:00pm Snack and Social

9:30am Morning Exercises 22  
 10:00am Think Tank  
 10:30am Parachute Activity  
 11:00am Sing-Along  
 1:00pm Nature Connection:  
 Exploring Leaves  
 3:00pm Social Hour  
 6:00pm Bingo and Snack

10:00am Jazzercise& Trivia 23  
 11:00am Sing-Along  
 11:30am Freshen up  
 1:00pm Beautiful Animals & Nature Scenery  
 2:00pm Patio Games

11:00am AM Exercises 24  
 11:30am Freshen up  
 8:20pm Colts vs San Francisco NBC  
  
 6:00pm Snack and Social Hour

9:30am Morning Exercises 25  
 10:00am Think Tank  
 11:00am Sing-Along  
**1:30pm Arts & Crafts: Finger painting**  
 2:30pm Walking Club  
 3:00pm Social Hour  
 6:00pm Snacks & Puzzles

**National Pumpkin Day** 26  
 9:30am Morning Exercises  
 10:00am Think Tank  
 10:30am Balloon Toss  
 11:30am Sing-Along  
**2:00pm Painting Pumpkins**  
 6:00pm Patio and Snacks

9:30am Morning Exercises 27  
 10:00am Think Tank  
 11:00am Bible Study  
**1:00pm Arts & Crafts: Pipe cleaner Designs**  
**2:00pm Catholic Mass**  
 3:30pm Social Hour  
 6:00pm Snacks and Jeopardy

9:30am Morning Exercises 28  
 10:00 Think Tank  
 11:00am Sing-Along  
**1:30 pm Make Pumpkin Muffins**  
 3:00pm Social Hour & Trivia

**Happy Birthday Tom M.** 29  
 9:30am Morning Exercises  
 10:30am Parachute Activity  
**11:00am Spooky Songs**  
 1:00pm Nature Connection:  
 Explore Different Countries  
**2:30 Monthly Birthday Party**  
 6:00pm Bingo and Snack

10:00am Jazzercise& Trivia 30  
 11:00am Sing-Along  
 11:30am Freshen up  
 1:00pm Beautiful Animals & Nature Scenery  
 2:00pm Patio Games

11:00am AM Exercises 31  
 11:30am Freshen up  
  
 Halloween

**Autumn is a second spring when every leaf is a flower- Albert Camus**  
 Video Chats are with your loved ones available upon request.  
 Email: [raymondabell@traditionsmgmt.net](mailto:raymondabell@traditionsmgmt.net)

## Memory Care Calendar